

We are the Senior Care Association of Central New York. We're dedicated to bringing people 55+ opportunities for connection including [events](#), [news](#), [services](#), and [resources](#).

To see a full list of online events, [click here](#) and go to our CLA events page.

To read all about what's happening with people 55+ in our Central New York area [click here](#).

To find resources to support people 55+ in living a fuller life [click here](#).

For housing options for people 55+ [click here](#).

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## June 2022

providing opportunities for people 55+ to make connections...

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### Here are some in-person and on-line events near you:

- [Laser Personal Training Online/Phone](#) – Mondays at 7am
- [Dementia Support Group](#) – usually Tuesdays at 9am
- [Air Dutchess: Tour of New York's Hudson Valley](#) – 6/7 at 1pm
- ["Guide to Medicare" via Zoom](#) – 6/7 at 3pm by Onondaga OFA
- [Understanding and Responding to Dementia Related Behaviors](#) – 6/8 at 6pm
- [5th Anniversary Empower Breakfast Celebration](#) – 6/9 at 8am
- **[CNY Retirement Showcase](#) – 6/9 from 10am to 2pm at the CNY Regional Market 2100 Park Street Syracuse**
- [Zoo to You Virtual Visit to the Rosamond Gifford Zoo](#) – 6/9 at 2pm
- [Caregiver AND Employee](#) – 6/12 at 5:30pm by Onondaga OFA
- [Dementia Conversations Driving, Doctor Visits, Legal, and Financial Planning](#) – 6/14 at 3pm by Alzheimer's Association
- [Living with Alzheimer's for Caregivers – Late Stage Part 1](#) – 6/15 at 5:30pm by Alzheimer's Association CNY Chapter
- [Online Visit to the Phelps Mansion Museum](#) – 6/16 at 11am
- [Prepare to Care – Caregiving 101](#) – 6/16 at 5:30pm
- [Living with Alzheimer's for Caregivers- Late Stage Part 2](#) – 6/22 at 5:30pm by Alzheimer's Association CNY Chapter
- [Dementia Conversations Driving, Doctor Visits, Legal, and Financial Planning](#) – 6/30 at 11am by Alzheimer's Association
- For a full list of events check out our [events calendar](#).

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### Here are the articles shared from our members and guest authors this month:

- [Empowering Everyday Living: OT Tips for Handwriting](#)
- [When heartstrings are strummed with sorrow](#)
- [Create a Purpose; Make a Plan, or vice versa](#)

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*If you are a senior care professional and would like to learn more about becoming a member of Community Living Advocates, please contact Nancy Aureli (315) 409-9361.*

# CNY RETIREMENT SHOWCASE

Free

Community  
Living  
  
Advocates

**JOIN US**

June 9, 2022

10am – 2pm

CNY Regional Market E - Shed  
2100 Park St., Syracuse

Enjoy the music and food while you plan for retirement or find ways to enhance your retirement.

This event will showcase the many great attractions, classes, volunteer opportunities, experiences, travel and living opportunities in CNY for retirees.

## Live Music:



## Food Truck:



Delicious lunch food priced a la cart.

*We expect over 30 organizations for you to discover.*

## Stage Sponsor:



## Event Sponsors:

